



### **World Tour Family Fun Day**

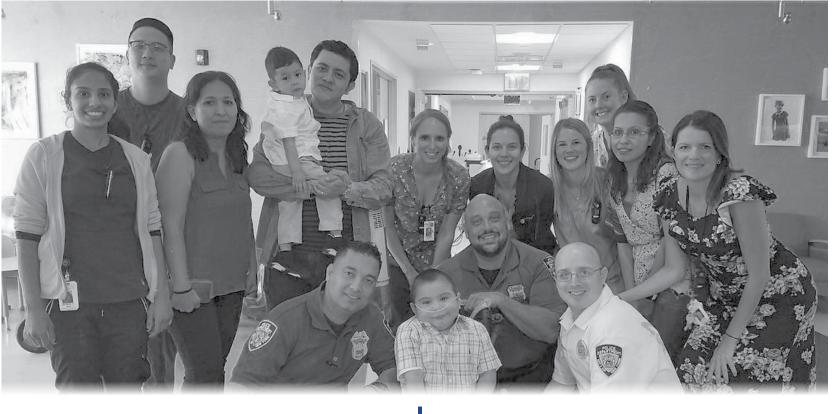
St. Mary's is proud to celebrate our fami-lies Cultural Diversity. On Sunday, Octo-ber 14th, we will be hosting World Tour Family Fun Day. There will be Flags from different countries and cultural garments will be displayed. All are welcome! As part of celebrating St. Mary's multicul-tural festivity, we ask that families come wearing tradi-tional clothing or carrying a flag. Raffle tickets will be issued to participating families for a chance to win a prize.

### Family Advisory Council

We hope to welcome you at the October 14th Family Advisory Council, starting at 2pm. We want to hear your thoughts on new programs and continue to partner with you on ways to ensure that our patient and families are at the center of care at St. Mary's.

For more information on our family programs contact Rosey Vasquez at 718.281.8826 or rvasquez@stmaryskids.org





#### **Greetings and Farewells**

Yoland Moriah as our New So-cial Worker. She graduated from Fordham University with a Mas-ters in Social Work. Yoland was a recent Social Work Intern at St. Mary's. Yoland comes to St. Mary's with over 7 years of expe-rience supporting individuals with special needs. Yoland can be reached at 718-281-8944.

Marion Smith, RN, MS, MBA as the Assistant Director of Nursing of 3 Children's & 4Children's Unit this past winter. Ms. Smith comes to SMH with over 25 years experience, in both Acute Care and Rehabilitation facilities. A Big Welcome to Marion!

Annamma Mathew, RN after 25 years of service. Ms. Mathew's supervised units and provided direct patient care as a staff nurse on the Toddler Unit. As Ms. Mathew begins this new chapter in her life, we would like to wish her well and hope she is blessed with much happiness and good health.

## How do you keep yourself and your family healthy?

Please make sure that all your family members especially your other children have received all your vaccinations which are recommended.

- •Please vaccinate yourself and all your family members with the FLU vaccine every year.
- •Please notify the Nursing staff if you or any other member of your family is sick at home.
- •Please do not come to visit if you have a fever, runny nose, deep cough of prolonged period, or any skin infection.
- •Please cover your nose and face with a tissue or your elbow when you cough or sneeze. Do not use a hand kerchief.

#### **Van Service on Hold**

Helping Families stay connected is important to us. While we seek a new driver, our Van service will not be operating. Please see your social worker if you have transportation needs.

#### **Food Safety Tips**

Bringing in food from outside:

- 1. Must be compliant with your child's diet order
- 2. Must not be shared with other residents
- 3. Nursing must be notified before giving your child food from outside
- 4. Food must be labeled and dated and stored in the great room, Resident Refrigerator
- 5. Will be discarded after 48 hours.

Clean: Wash hands before and after handling food

Separate: Keep raw meat and poultry apart from foods you will not cook Thaw: in refrigerator, under cold running water or microwave

Cook: to min internal temps . Beef, pork, lamb, veal – 145 degrees Fahrenheit.

Ground meat (including beef, veal, pork, lamb) – 160 degrees Fahrenheit

Poultry – 165 degrees Fahrenheit

Chill: refrigerate foods within 2 hours

Transport: in a cooler or appropriate container to maintain proper tempera-

#### St. Mary's Siblings Groups

ture.

We are hosting monthly siblings group led by Social Work staff to develop positive coping skills, gain peer support and enhance self-awareness through the use of social work therapeutic interventions, music therapy, and therapeutic art activities.

Please call Sheena Mathew, LMSW 718-281-8805 or Katie Haas, LMSW 718-281-8921 to register your child. When you RSVP (register) please provide the child's name, age and number of siblings attending.

\*All Children must be between the ages of 5-17, pre-registered and parents may not leave St. Mary's while children are participating in the group.

#### **New Entertainment Devices**

Our current devices will be removed and all residents will soon have an IPAD at their bedside. The project will begin late Fall and will be completed in Winter 2019.

Please let us know if you can recommend an IPAD app that can benefit you or your child. St. Mary's acknowledges The Bungie Foundation for their generous donation.



# **Our Commitment to Patient and Family Centered Care**

The staff at St. Mary's continue to focus on building strong family partnerships and improving communication. We want to ensure that residents and families are at the center of every resident care decision made.



### **Our Commitment to Spanish Families**

St. Mary's will continue to host monthly Meet and Greet gathering for Spanish speaking families. The next gathering is scheduled for Thursday, October 18, 2018 at 3pm. For more information on how to attend please call Rosey Vasquez, Patient Family Experience Coordinator (718) 281-8826 or Desiree Borre, SW Supervisor (718) 281-3985.

St. Mary's continuará organizando reuniones mensuales para conocer y conocer a las familias que hablan español. La próxima reunión está programada para el jueves 18 de octubre de 2018 a las 3pm. Para obtener más información sobre cómo asistir, llame a Rosey Vasquez, Coordinadora de Experiencia Familiar del Paciente (718) 281-8826 o Desiree Borre, Supervisora de SW (718) 281-3985.

#### Construction

The construction of our new 21– bed unit is right on schedule to open at the end of the year.

We are excited to tell you more and to offer you a tour of the new unit as it gets closer. We will be personally reaching out to all families with more information and opportunities for discussion. Please call Brenda Mamber in Patient Family Services should you have any questions or concerns. 718 281-8952

Thank you for your patience.



